

# Test Capsule (for VCE)

Your physician has ordered a test capsule procedure to be completed. This is a test that will determine if an actual video capsule endoscopy (VCE) or pill camera can be safely performed. If you have a condition in which the small intestine may be narrowed, the video capsule could become stuck and this would need to be surgically removed.

The test capsule will dissolve if it cannot pass through the small intestine and cannot get stuck. An x-ray will be done 30 hours after you swallow the test capsule to see if it is still in your small intestine, if it has passed through to the colon or if it is completely gone. **The timing of the x-ray is very important and must be performed no later than 30 hours after swallowing.**

Location: \_\_\_\_\_

Time: \_\_\_\_\_

If the test capsule has not passed, the actual video capsule test (VCE) cannot be performed. If the capsule has passed, you will then be set up for the video capsule (VCE) to be completed.

Please follow these prep instructions for the TEST capsule:

1. The DAY BEFORE the test capsule, start a Clear Liquid diet at **1:00 pm**.
2. Nothing but water and medications starting at **11:00 pm**.
3. You may take your necessary medication the morning of test with a sip of water only. **Arrive at 9:00 a.m. for test capsule - you do not need to arrive early**

4. If you are diabetic, please consult your primary care provider or endocrinology provider for instructions on how to manage your diabetic medication and/or insulin for these 2 days of testing.
5. After swallowing the test capsule:
  - Nothing to eat or drink for first 2 hours, then clear liquids at: \_\_\_\_\_
  - May have a light snack at 4 hours \_\_\_\_\_
  - May resume normal diet at 8 hours \_\_\_\_\_
  - Do NOT go near any MRI machines (capsule contains radiographic markers) for at least 48 hours. Discuss with the radiology department if you will need x-ray clearance prior to any MRI's following this time period.
6. You will be called with the results. If you pass the test capsule we will schedule your video capsule at this time.
7. If you develop abdominal pain or nausea/vomiting at any time - go to the emergency room.
8. Carle Gastroenterology Clinic

**CARLE GASTROENTEROLOGY CLINIC**  
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