The Carle Foundation complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-217-383-2543.

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-217-326-0340.

0518SK



## Aquatic Therapy

**CARLE THERAPY SERVICES** 





# Aquatic therapy uses water as a rehabilitation tool to help restore mobility and function.

It's an excellent option for individuals who may not be able to handle land-based therapy initially. It can be effective treatment for the following conditions:

- Mid/low back pain.
- Post laminectomy.
- Cervical injuries.
- Joint replacements.
- Sports injuries.
- Arthritis.
- Fibromyalgia.
- Rotator cuff repair.
- Overuse/repetitive strain injuries.
- Individuals with weight bearing restrictions.
- Pediatric/geriatric rehabilitation.
- Neurological disorders.

## **REFER A PATIENT**

Choose one of these three convenient ways:

- Submit an internal referral through Epic.
- Call us with the referral at (866) 402-2753 or (217) 383-4040.
- Fax a prescription to (217) 383-6176.

### **INSURANCE**

Patients should contact their insurance provider to determine coverage before making an appointment.

### LOCATIONS

Carle Urbana North Annex 810 W. Anthony Dr. Urbana, IL (217) 383-3400