

Carle Urbana North Annex  
810 W. Anthony Dr., Urbana, IL  
(217) 383-3400

Carle Neuroscience Institute  
610 N. Lincoln Ave., Urbana, IL  
(217) 326-1903

Carle Therapy Services at Carle at the Fields  
3402 Mission Dr., Suite 101, Champaign, IL  
(217) 902-2550

Carle Danville on Vermilion  
2300 N. Vermilion St., Danville, IL  
(217) 431-7930

Carle Mahomet  
1001 Heather Dr., Mahomet, IL  
(217) 586-8420

Carle Therapy Services Mattoon/Charleston  
5731 Park Dr., Charleston, IL  
(217) 238-5666

Carle Rantoul  
1540 E. Grove St., Rantoul, IL  
(217) 893-7720

Carle Hoopeston Regional Health Center  
701 East Orange St., Hoopeston, IL  
(217) 283-8406

Carle Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-217-383-2543.

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-217-326-0340.

12205K



# Spine Disorders

CARLE THERAPY SERVICES





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Using evidence-based approaches applying the most up-to-date research, our internationally trained team treats acute or chronic neck or back problems.

#### **WHAT A PATIENT CAN EXPECT FROM A SPINE ASSESSMENT**

- Comprehensive hands-on musculoskeletal evaluation, including muscle, joint, and soft tissue assessments and neurological effects on functioning.
- Determination of current functional level for daily activities.
- Determination of appropriate treatment techniques and exercise programs.

#### **INDICATIONS / DIAGNOSIS**

- Limited tolerance for sitting, standing, walking, stair climbing, driving.
- Sleep disturbance due to pain.
- Ongoing or recurrent headaches.
- Spine stiffness.
- Decreased ability to perform daily activities.
- Central spine pain.
- Numbness, tingling and/or pain in arms or legs.
- Decreased participation in sports or other activities due to neck or back pain.

#### **REFER A PATIENT**

Choose one of these three convenient ways:

- Submit an internal referral through Epic.
- Call us with the referral at (866) 402-2753 or (217) 383-4040.
- Fax a prescription to (217) 383-6176.

#### **INSURANCE**

Patients should contact their insurance provider to determine coverage before making an appointment.

#### **LOCATIONS**

Assessments are primarily completed at the following locations: