### LOCATIONS

Assessments are primarily completed at the locations listed below. However, accommodations can be made for home visits.

Carle Foundation Hospital 611 W. Park St., Urbana, IL (217) 383-3360

Mills Breast Cancer Institute 509 W. University Ave., Urbana, IL (217) 383-3360

The Carle Foundation complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-217-383-2543.

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-217-326-0340.

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611 W. Park St., Urbana, IL 61801 | (217) 383-3311 | carle.org B2057X-1020 STHR100720

# Lymphedema Management

#### CARLE THERAPY SERVICES





Our lymphedema team members are certified lymphedema therapists, with many having additional specialty certifications to treat swelling and wounds.

#### WHAT WE DO

We provide evaluation and treatment to individuals with lymphedema or swelling of the upper or lower extremities and head and neck. Treatment can include manual lymphatic drainage/decongestive therapy, compressive garment assessment and fitting, and utilization of compression pumps when needed.

Additionally, we closely collaborate with the Wound Healing Center for those who have comorbid wound issues. Patients with head and neck swelling may also work with a speech therapist if swallowing or voice is affected.

Therapists working at the Mills Breast Cancer Institute also work closely with breast cancer physicians from Carle and Christie to screen patients for lymphedema shortly after diagnosis or around the time of surgery. They provide patients with education on what lymphedema is, and signs and symptoms to look for and ensure patients have the range of motion needed to go through radiation treatment.

#### **REFER A PATIENT**

Choose one of these three convenient ways:

- Submit an internal referral through Epic.
- Call us with the referral at (866) 402-2753 or (217) 383-4040.
- Fax a prescription to (217) 383-6176.

## INSURANCE

Patients should contact their insurance provider to determine coverage before making an appointment.