

REFER A PATIENT

Choose one of these three convenient ways:

- Submit an internal referral through Epic.
- Call us with the referral at (866) 402-2753 or (217) 383-4040.
- Fax a prescription to (217) 383-6176.

INSURANCE

Patients should contact their insurance provider to determine coverage before making an appointment.

LOCATIONS

Assessments are primarily completed at the locations listed below.

Carle Urbana North Annex
810 W. Anthony Dr., Urbana, IL
(217) 383-3400

The Carle Foundation complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-217-383-2543.

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-217-326-0340.

05185K



Pediatric Occupational Therapy

CARLE THERAPY SERVICES





We work with children of all ages in an outpatient clinic setting.

Carle Therapy Services provides therapeutic intervention to help children participate in their “occupations” or everyday activities (playing, getting dressed, drawing, writing, etc.).

SERVICES

- Life skills training - includes decision-making and problem-solving, creative and critical thinking, communication and interpersonal skills, self-awareness and empathy, coping with emotions and stress, and self-care skills (e.g., dressing, self-feeding).
- Fine motor therapy - includes the ability to control the small movements of the hands and fingers (e.g., stacking blocks, using drawing/writing utensils, using scissors, doing buttons, tying shoes).
- Sensory integration therapy - includes learning how to take information from our senses, organize it, and respond appropriately.

- Self-regulation therapy - includes monitoring and managing energy states, emotions, thoughts, and behaviors in ways that are appropriate and positive.

HOW TO KNOW IF A CHILD NEEDS THERAPY

- Track the child’s developmental milestones (ASQ, M-CHAT, CDC Milestone Tracker app for parents).
- If you are concerned about fine motor skills it’s better to schedule an evaluation sooner rather than later.

PATIENTS WE SEE

- Infants and children of all ages and abilities.
- Children with and without specific diagnoses including autism spectrum disorder, cerebral palsy, Down syndrome, ADHD and sensory processing difficulty.

PREPARING YOUR PATIENT FOR THE FIRST VISIT

- The first appointment will be an evaluation, discussing concerns with the parent(s) and child (if they’re able) as well as a standardized test depending on the child’s age and current status.
- Following the evaluation, appointments will include direct treatment with the child as well as parent education and training so families can work on skills at home.