



Parking



Entrance



Information Desk



Patient Drop-off



Tree Elevators



Sun Elevators



Cloud Elevators



Flower Elevators



Shuttle Main Hospital Direct
4:30 a.m. - 11:45 p.m.,
Monday - Friday



Shuttle South Clinic / West Campus
6 a.m. - 6 p.m.,
Monday - Friday

carle.org | 611 W. Park Street, Urbana, IL 61801 | (217) 383-3311

The Carle Foundation complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-217-383-2543. UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-217-326-0340.

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Digestive Health

HOW TO PREPARE FOR A PEDIATRIC PROCEDURE



Digestive Health Institute Scheduling 217-383-3309
Patient Advisory, 5 p.m. - 8 a.m. 217-383-3233

Patient Name:	Procedure:
Doctor:	MRN:
Procedure Date:	Hospital Registration Report Time:

****You must have a responsible adult with a cell phone stay in the department during your surgery. They must drive you home.****

Here for you.

A procedure has been scheduled at Carle Digestive Health Institute. Please review the instructions to get ready for the procedure. If these steps are not followed, the test could be delayed or canceled.

Driver: The medications used during the procedure will affect memory and judgment. **A parent or legal guardian will need to stay with you in the department, and drive you home.**

Parking: Orchard Street Garage is located directly across the street from the main lobby and hospital registration. See Carle map on back of booklet for directions.

Jewelry: Remove all jewelry, including rings and body piercings before the procedure.

Pregnancy testing: All female patients, of childbearing age, will be asked to provide a urine sample upon arrival.

Consent to treat: If you are the parent or legal guardian of the patient, you must be available in Digestive Health to sign the consent and speak with the physician on the day of the procedure.

Patient Education Video: You may view a video on how to take the Miralax bowel prep and access other patient education materials at: carle.org/services/digestive-health-patient-instructions or snap a picture of the QR code here.



Insurance: The insurance office will contact the parent or legal guardian before the procedure to verify information. Wellness screenings are generally covered at 100%, however if screening becomes a medical procedure or polyps (small growths that could turn into cancer) are removed, you may be billed a copay or coinsurance. Insurance questions can be directed to Carle Medical Insurance at (217) 383-3226.

Time of procedure is not set until after 1 p.m. on the business day before your procedure: Digestive Health Scheduling staff will call you the day prior to your procedure to confirm your report time. If you have not heard by 4 p.m., call the Scheduling office at (217) 383-3309.

Appointment Check-In: On the day of the procedure, start by checking in at hospital registration. Hospital registration report time will be confirmed 1 business day prior to your procedure. If you have not heard by 4 p.m., call the Scheduling office at (217) 383-3309. Registration is located in the main lobby across from the Orchard Street Parking Garage. Once checked in, the patient will be directed to Digestive Health.

Medications: Bring a current list of medicine the patient takes, along with the dosage. Include supplements, vitamins and over-the-counter medicine on this list.

SPECIAL CIRCUMSTANCES

Diabetes: If the patient has been diagnosed with Type 1 or Type 2 diabetes, contact the Primary Care Provider or Endocrinologist for specific instructions to follow. See additional diabetic instruction sheet for details.

Blood Thinners: If the patient takes a prescription blood thinner(s), call the Primary Care Provider or Anti-Coagulation Management Service (AMS) and tell them the patient is having a Digestive Health procedure. They may change or stop the medicine before the procedure.



FREQUENTLY ASKED QUESTIONS

How long will the procedure take?

Plan to be at Carle for 3 - 4 hours. This includes prep, procedure and recovery time. We will do our best to keep the parent or legal guardian and patient informed. Actual procedure times vary based on the procedure.

If a Bowel Prep is Needed:

For certain procedures, the lining of the bowel needs to be clean. If it is dirty, the doctor may not be able to see things like polyps or cancer. A clean bowel is like looking through a clean windshield. A dirty bowel is like looking through a windshield smeared with mud. If the bowel is dirty, there is a higher risk of complications and the procedure may need to be rescheduled.

How does the bowel prep work?

A bowel prep works by giving the patient diarrhea to empty out the colon. The patient should plan to be at home, near a toilet, when starting the prep. Diarrhea will start 30 minutes to 3 hours after beginning the prep. It is normal to feel bloating and mild abdominal discomfort. If the patient becomes nauseous or vomits, stop drinking the prep for 30 minutes. Then resume drinking the prep at a slower pace. Do this until the prep is complete. If the vomiting continues, call Digestive Health (217) 383-3309 during regular business hours. After hours call Carle Patient Advisory at (217) 383-3233.

The prep hasn't started working.

People respond differently to the bowel prep. Some have diarrhea within minutes while others may take an hour or more. If the patient goes three hours without a bowel movement, make sure they are drinking the liquid as instructed. If the patient drank all of the prep as instructed, and still have not had a bowel movement by 10 pm, call Patient Advisory at (217) 383-3233 for additional instructions.